



POSTHOTEL



# Wellness Collection

## ELEMENTS OF WELLNESS

*Herbal Compress Massage · Biologique Recherche Detoxifying Body Wrap*

Detox and relax with our 60-minute Herbal Compress Massage which aids in circulation and helps to balance the body. While resting before your next treatment, enjoy a healthy fruit plate full of antioxidants and nutrients. Complete your treatment with our customized body wrap which utilizes active essential oils to stimulate your body's natural detoxification and drainage process. Enjoy a full body application of luxurious warm algae oils and our relaxing signature back ritual.

*Allow 2.5 hours - \$430*

## ULTIMATE ESCAPE

*Swedish Candle Massage · Biologique Recherche Facial*

Breathe deep as your tensions melt away during a relaxing 90-minute aromatherapy Swedish Massage. This luxurious treatment quiets the mind as warm, aromatic candle oil is slowly drizzled over the body. While taking a restful break before your next treatment, enjoy a cup of tea and healthy fruit plate. Your treatment is completed with a 90-minute Biologique Recherche customized facial using a combination of boosters curated especially for your skin to leave it more firm, bright, hydrated and glowing. *Allow 3 hours - \$595*

## RADIANT RENEWAL

*Body Polish · Aromatherapy Massage · Clinical Duo Facial*

Prepare to shine with this revitalizing head to toe experience of indulgent aromas and sensations. Begin your day with our 60-minute Biologique Recherche Body Exfoliation. This multisensory treatment includes a refreshing shower and our replenishing signature back ritual. With silky soft skin, immerse yourself into relaxation as you are then treated to a 60-minute Aromatherapy Massage. After your massage, enjoy a delicious and healthy fruit plate. Your spa day concludes with our 60-minute Clinical Duo Facial. This facial combines the resurfacing of HydraFacial and the hydration of Intraceuticals Oxygen Facial, our two most requested and effective facial treatments, providing immediate results with improved skin texture and elasticity.

*Allow 3.5 hours - \$655*



## *Botanical Facial Collection*

### **BIOLOGIQUE RECHERCHE FACIAL**

A completely personalized wellness experience exclusively designed to provide an instant lifting effect that exfoliates, hydrates, tightens and protects. Using a specialized sequence of massage techniques and a highly effective personalized combination of active ingredients, the skin is instantly transformed. Enjoy one booster with a 60-minute treatment and two boosters with a 90-minute treatment. *60/90 min - \$290/\$395*

### **IS CLINICAL FIRE AND ICE FACIAL**

This intensive clinical treatment is designed to resurface the skin rapidly and safely. Two exclusive botanically based professional treatment masks are complemented by serums and creams, with aromas of warm cinnamon spice and cool peppermint (cannot be performed if you are currently using any type of retinols, Retin-A, Accutane or any form of glycolic acids). *60 min - \$195*

# *Clinical Facial Collection*

## POST SIGNATURE FACIAL

The ultimate anti-aging facial treatment designed to lift, firm, and tone the skin, providing immediate clinically driven results. This high-performance facial combines the safe resurfacing power of HydraFacial, the plumping and hydrating serums of Intraceuticals Oxygen infusion. Age-related concerns are improved, providing renewed radiance and suppleness to all skin types with a full mind and body experience.

*60/90 min - \$335/425*

## INTRACEUTICALS OXYGEN FACIAL

This cool, calming facial significantly accelerates the absorption of hydrating hyaluronic acid, vitamins and nutrients into the skin. The 3-step hyaluronic layering process increases firmness and provides an immediate improvement in your skin's texture for unmatched hydration and lasting results. This facial is red carpet worthy, perfect before a big event and beautiful for any skin type or condition.

*30/60/90 min - \$185/235/375*

## HYDRAFACIAL

The newest in advanced non-laser skin resurfacing, HydraFacial is the only hydradermabrasion procedure that combines cleansing, exfoliation and painless vortex extraction in one treatment. Instant surface refinement perfects pores and minimizes fine lines while infusing antioxidants, hyaluronic acid and peptides into the skin. Protective nutrients leave skin instantly renewed, refreshed, and plumped without downtime. *30/60/90 min - \$205/285/390*

# *Facial Enhancements*

## CUSTOMIZED BOOSTERS

Firm and lift skin, target fine lines and treat hyperpigmentation. *\$30-99*

## PROFESSIONAL LIGHTSTIM LED

Collagen Stimulating or Clarifying LED light therapy. *\$75*

*\*included with 90 minute Post Signature, Oxygen & HydraFacials*

## LYMPHATIC DRAINAGE

Detoxify and reduce puffiness in the face and neck. *\$50*

*\*included with 90 minute Post Signature, Oxygen & HydraFacials*

# Body Collection

## SIGNATURE BODY EXFOLIATION

Exfoliate and renew with a combination of exfoliating Mediterranean Sea salts and aromatic oils. Finished with our signature back ritual and customized Biologique Recherche oils, skin will be hydrated, brightened, and renewed. *60 min - \$235*

## BIOLOGIQUE RECHERCHE DETOX ALGAE WRAP

This Biologique Recherche detoxifying and slimming wrap begins with a lymphatic massage, customized with a combination of active essential oils that stimulate the body's natural detoxification and drainage process. Water retention will be reduced while skin is left toned and radiant. *75 min - \$305*

## SLIM AND SCULPT

Concentrated Biologique Recherche serums with active ingredients combined with dynamic anti-cellulite massage techniques stimulate tissues and help break down adipose cells which aids in the loss of fat from localized areas. This powerful treatment creates a more contoured shape, less visible cellulite and a more slim silhouette. *90 min - \$360*



# Massage Collection

## RELAXATION

A light to medium pressure aromatherapy massage for deep relaxation that will leave you feeling renewed. Enhance your treatment with a massage candle for an additional \$20. *60/90 min - \$185/275*

## DEEP TISSUE

Focusing on areas that require deeper work, this medium to firm pressure, therapeutic massage offers relief from muscle pain and tension. *60/90 min - \$185/275*

## RIVER STONE

Radiating heat from basalt river stones along with herb infused oils allows the melting of aches and pains while encouraging circulation within the lymphatic system. *60/90 min - \$195/285*

## STICKS & STONES

Warm stones made of natural basalt gathered in South America and handmade Birchwood sticks from Germany are used to focus on pressure points in this unique deep tissue massage, helping ease away muscle tension and pain. *90 min - \$285*

## HERBAL COMPRESS

Choose from a selection of aromatic muslin parcels of herbal blends, which are heated and used to exfoliate the skin while improving circulation and leaving skin wonderfully moisturized while light massage techniques relax your muscles. *60/90 min - \$195/285*

## PRENATAL DUO

A full body pampering experience including a deeply relaxing massage coupled with a nurturing Biologique Recherche exfoliation and soothing hydration of hands and feet. Available for expecting mothers beyond their first trimester. *90 min - \$285*

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## ARRIVAL

We recommend you arrive 15 minutes prior to your scheduled treatment. Late arrival may deprive you of valuable treatment time.

## CANCELLATION POLICY

An advance notice of 24 hours is required for any change or cancellation of confirmed services to avoid a 50% charge.