



POSTHOTEL



Wellness Collection

ELEMENTS OF WELLNESS

Herbal Compress Massage · Biologique Recherche Detoxifying Body Wrap

Detox and relax with our 60-minute Herbal Compress Massage which aids in circulation and helps to balance the body. While resting before your next treatment, enjoy a healthy fruit plate full of antioxidants and nutrients. Complete your treatment with our customized body wrap which utilizes active essential oils to stimulate your body's natural detoxification and drainage process. Enjoy a full body application of luxurious algae oils and our relaxing signature back ritual.

Allow 2.5 hours - \$420

ULTIMATE ESCAPE

Swedish Candle Massage · Biologique Recherche Facial

Breathe deep as your tensions melt away during a relaxing 90-minute aromatherapy Swedish Massage. This luxurious treatment quiets the mind as warm, aromatic candle oil is slowly drizzled over the body. While taking a restful break before your next treatment, enjoy a cup of tea and healthy fruit plate. Your treatment is completed with a 90-minute Biologique Recherche customized facial using a combination of boosters curated especially for your skin to leave it more firm, bright, hydrated and glowing. Allow 3 hours - \$515

RADIANT RENEWAL

Body Polish · Aromatherapy Massage · Clinical Duo Facial

Prepare to shine with this revitalizing head to toe experience of indulgent aromas and sensations. Begin your day with our 60-minute Aromatic Body Polish. This multisensory treatment includes a refreshing shower and our replenishing signature back ritual. With silky soft skin, immerse yourself into relaxation as you are then treated to a 60-minute Aromatherapy Massage. After your massage, enjoy a delicious and healthy fruit plate. Your spa day concludes with our 60-minute Clinical Duo Facial. This facial combines the resurfacing of HydraFacial and the hydration of Intraceuticals Oxygen Facial, our two most requested and effective facial treatments, providing immediate results with improved skin texture and elasticity.

Allow 3.5 hours - \$645

Facial Collection

POST SIGNATURE FACIAL

The ultimate anti-aging facial treatment designed to lift, firm, and tone the skin, providing immediate clinically driven results. This high-performance facial combines the safe resurfacing power of HydraFacial, the plumping and hydrating serums of Intraceuticals Oxygen infusion, and a collagen stimulating red LED light therapy. Detoxifying lymphatic movements help reduce puffiness in the face, leaving the skin feeling light and balanced. Age-related concerns are improved, providing renewed radiance and suppleness to all skin types with a full mind and body experience. 90 min - \$415

POST CLINICAL TRIO

The facial for those who want it all! This age defying facial combines three cutting edge technologies for those looking to smooth skin and help turn back time. The cleansing refinement of HydraFacial safely resurfaces the skin while providing a uniform exfoliation in preparation for a connective tissue growth factor serum infused deep into the epidermis with a Nanopen nanoneedling process. Finish off this trio of treatments with the deeply hydrating Intraceuticals oxygen infusion to plump out fine lines and contour the face. 120 min - \$495

INTRACEUTICALS OXYGEN FACIAL

This cool, calming facial significantly accelerates the absorption of hydrating hyaluronic acid, vitamins and nutrients into the skin. The 3-step hyaluronic layering process increases firmness and provides an immediate improvement in your skin's texture for unmatched hydration and lasting results. This facial is perfect before an event and beautiful for any skin type or condition. 60/90 min - \$225/295

HYDRAFACIAL

The newest in advanced non-laser skin resurfacing, HydraFacial is the only hydradermabrasion procedure that combines cleansing, exfoliation and painless vortex extraction in one treatment. Instant surface refinement concentrates on perfecting pores and minimizing fine lines while infusing antioxidants, hyaluronic acid and peptides into the skin. Protective nutrients and therapeutic LED light therapy leaves skin instantly renewed, refreshed, and plumped without downtime. 30/60/90 min \$195/255/345

**Inquire about enhancing your facial with a customized booster.*



BIOLOGIQUE RECHERCHE FACIAL

A completely personalized wellness experience exclusively designed to provide an instant lifting effect that exfoliates, hydrates, tightens and protects. Using a specialized sequence of massage techniques and a highly effective personalized combination of active ingredients, the skin is instantly transformed. Enjoy one booster with a 60-minute treatment and two boosters with a 90-minute treatment. 60/90 min - \$260/\$385

IS CLINICAL FIRE AND ICE FACIAL

This intensive clinical treatment is designed to resurface the skin rapidly and safely. Two exclusive botanically based professional treatment masks are complemented by serums and creams, with aromas of warm cinnamon spice and cool peppermint. **This facial cannot be performed if you are currently using any type of retinols, Retin-A, Accutane or any form of glycolic acids.* 60 min - \$195

Body Collection

SIGNATURE BODY EXFOLIATION

Exfoliate and renew with a combination of exfoliating Mediterranean Sea salts and aromatic oils. Finished with our signature back ritual and customized Biologique Recherche oils, skin will be hydrated, brightened, and renewed. 60 min - \$225

BIOLOGIQUE RECHERCHE DETOX ALGAE WRAP

This Biologique Recherche detoxifying and slimming wrap begins with a lymphatic massage, customized with a combination of active essential oils that stimulate the body's natural detoxification and drainage process. Water retention will be reduced while skin is left toned and radiant. 75 min - \$295

SLIM AND SCULPT

Concentrated Biologique Recherche serums with active ingredients combined with dynamic anti-cellulite massage techniques stimulate tissues and help break down adipose cells which aids in the loss of fat from localized areas. This powerful treatment creates a more contoured shape, less visible cellulite and a more slim silhouette. 90 min - \$350



Massage Collection

RELAXATION

A light to medium pressure aromatherapy massage using gentle, fluid Swedish techniques for deep relaxation that will leave you feeling renewed. Enhance your treatment with a massage candle for an additional \$20. Available as a Prenatal Massage for mothers beyond their first trimester. 60/90 min - \$175/245

DEEP TISSUE

Focusing on areas that require deeper work, this medium to firm pressure, therapeutic massage offers relief from muscle pain and tension while so aromas encourage relaxation and stillness of mind. Enhance your treatment with a massage candle (\$20). 60/90 min - \$175/245

RIVER STONE

Radiating heat from basalt river stones along with herb infused oils allows the melting of aches and pains while encouraging circulation within the lymphatic system, aiding in self-healing. 60/90 min - \$175/245

STICKS & STONES

Warm stones made of natural basalt gathered in South America and handmade Birchwood sticks from Germany are used to focus on pressure points in this unique deep tissue massage, helping ease away muscle tension and pain. 90 min - \$245

HERBAL COMPRESS

Choose from a selection of aromatic muslin parcels of herbal blends, which are heated and used to exfoliate the skin while improving circulation and leaving skin wonderfully moisturized while light massage techniques relax your muscles. 60/90 min - \$185/255

ARRIVAL

We recommend you arrive 15 minutes prior to your scheduled treatment. Late arrival may deprive you of valuable treatment time.

CANCELLATION POLICY

An advance notice of 4 hours is required for any change or cancellation of confirmed services in order to avoid a 50% charge.